

Education Wellbeing Service

Upcoming Events For College Parents / Carers Spring/Summer Term 2025

Supporting your teenager's mental health webinars

**4TH
OR 6TH
FEB**

Social Media & Gaming:
What Parents Need To Know

**24TH
FEB**

Managing Exam & Assignment Stress

**24TH
OR 30TH
APR**

Parenting Teenagers:
Conflict And Communication

**7TH
OR 9TH
MAY**

Supporting Your Teenager With Emotional
Difficulties And Self-Harm

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to student services to find out more

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)

