

Upcoming Events For FE College Parents and Carers Autumn Term 2025

Supporting your teenager's mental health webinars

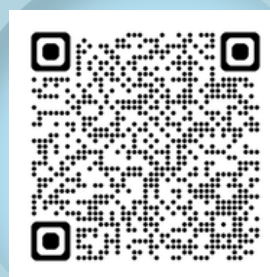
10TH SEPT 25
7.30 PM-8.30 PM



[SCAN OR CLICK HERE](#)

Mental Health During
the Teenage years

17TH SEPT 25
12.30 PM-1.30 PM



[SCAN OR CLICK HERE](#)

23RD SEPT 25
1 PM-2 PM



[SCAN OR CLICK HERE](#)

Getting into college -
common challenges and
supporting college
avoidance

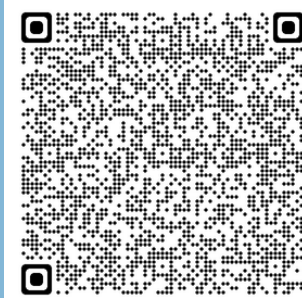
24TH SEPT 25
6 PM-7 PM



[SCAN OR CLICK HERE](#)

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)



We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your college to find out more.

Upcoming Events For FE College Parents and Carers Autumn Term 2025

Supporting your teenager's mental health webinars

**3RD NOV 25
6 PM-7.30 PM**



[SCAN OR CLICK HERE](#)

Healthy habits in
teenagers with Autism

**4TH FEB 26
12.30 PM-2 PM**



[SCAN OR CLICK HERE](#)

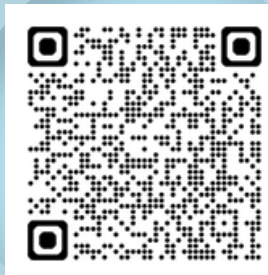
**11TH NOV 25
1 PM-2 PM**



[SCAN OR CLICK HERE](#)

Understanding and
supporting teen sleep

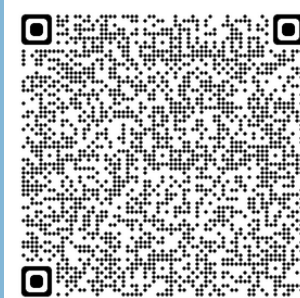
**11TH NOV 25
7 PM-8 PM**



[SCAN OR CLICK HERE](#)

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)



wellbeinginschoolsevents@swlstg.nhs.uk

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your college to find out more.