

# BEDFONT SPORTS ACADEMY

## KINGSTON COLLEGE



# GET QUALIFIED - DEVELOP YOUR GAME - REACH YOUR POTENTIAL



“I really enjoyed my time at Kingston College and especially at the Academy. The balance between football and college was perfect, I really enjoyed having the mid week games on a Wednesday to help break the college week up and the Friday morning training session was always a great way to round off the week, the coaches at the Academy were all fantastic.”

# 26 YEARS OF HISTORY

- Started in 2000 under the Directorship of Martyn Spong and in partnership with Kingstonian FC, these first few years laid the foundations for what was to be a very successful football and educational programme ran out of Kingston College's hugely successful sports department.
- In 2003 the Academy parted company with Kingstonian FC and partnered with Staines Town FC where the Academy enjoyed 16 years developing players and students within their very successful u19 Wednesday squads and their u18 squad winning multiple leagues, cups and tournaments.
- In 2019, Academy management decided to take things to another level by joining up with our current partner, Bedfont Sports. Partnering with Bedfont was a massive step in the right direction in terms of Club Management, match day facilities and general stability within the club, and since then, the Academy hasn't looked back. The Academy continues to develop well-rounded players and students regardless of what level they are when they join, and over the years the Academy has helped produce several professional players, dozens of very good semi-professional players and hundreds of well coached amateur players. Bedfont Sports Owner Terry Reader has been immensely encouraging and supportive of the work we are doing within the Academy, providing continuity and a strong base for the Academy to build on and expand.
- Over the years, the Academy has had the privilege of having excellent coaching staff coming from a range of coaching, managing and playing backgrounds. Martyn Spong who started the Academy back in 2000 retired at the end of season 22/23, and at this point his successor Charlie Croydon stepped up to continue the work as the new Academy director. Charlie had been a sessional coach up to that point within the Academy for nearly 8 years, starting off working with the 3rd squad before progressing to the 2nd and then the 1st squad which was playing in the National League u19 Alliance at that stage.
- Coaches Andy North, Jim Wigmore, Andy Maciel, Lawrence Batty, Clive Offer, Mick Snowden, Tony Mesourouni, Ben Nicholson, Ângelo de Oliveira, Mark Osborn & Jay Reader all played vital roles at different times over the years within the Academy as well as physios Maria Serpent & Becky Peacock. Steve Parsons (Staines Town) was also an invaluable asset in terms of his voluntary organisational and administrative work. Without all the above and their huge contributions over the years, the Academy would not have grown or been as successful as it has been.





- Since taking on the Academy Director role in the summer of 2023 Charlie has built on the foundations & success that were achieved by Martyn Spong whilst modernising and pushing the Academy in a direction which is conducive for individual development, enjoyment and long term success whilst also establishing a new structure aimed at providing longevity for the Academy and the sports department more broadly at Kingston College.
- The coaching team now consists of long serving Academy coach Mark Fabian who has been at the Academy since the start. During Mark's time he has been at the forefront of the development of its players, coaching and managing both the under 19s and the under 18s. Mark's time managing the under 18s saw him and the squad win multiple league titles and cups playing in the Ryman Youth League and Isthmian Youth League more recently. At the end of last season Mark stepped away from his under 18 duties, handing it over to Jay Reader who had assisted Mark in his final season. The coaching team now also includes Lauren Pickett, Lauren works with the players from a strength and conditioning perspective and also assists Charlie with the A-squad on match days and at trials/training etc. Lauren is also the Gym Manager at the College and is now working hard to build our social media presence on TikTok. Coaches Andy Hudgell and Jake Pickett came in at the start of season 25/26 to manage and coach our B-Squad, they have both been excellent appointments, earning the respect of the players early on and picking up a lot of points within their respective league. Assisting us on a sessional basis, we have Tom Taylor and Michael Fox, both of which run training sessions and trials when required; both excellent coaches who Charlie has had the privilege of working with privately over the past 5 years as part of his private coaching company.
- As of 2026 the Academy has 53 Kingston College students on its books, and it continues to reinforce and grow in a constant pursuit of excellence.

# WHAT OUR ACADEMY OFFERS

- Up to three 2-hour training sessions per week with UEFA qualified coaches.
- Multiple U19 College Squads.
- 1 x U18 Squad (Isthmian Youth League).
- Cup fixtures throughout the season for all squads.
- Association of Colleges (AOC) tournaments.
- Match day playing kits are provided for every game.
- Futsal Court at College for indoor tournaments / training.
- Team of seven, Highly Qualified Coaches (6 x UEFA Coaches) plus two Level 3 Qualified Personal Trainer/Fitness Instructors.
- High quality 4G pitch for home games.
- High quality 3G and grass pitches for training.
- Minibus travel to and from away fixtures.
- Scholarship Opportunities in the USA after you have completed your qualification with us.
- FREE gym membership at Kingston College for you to use during your College day.
- Fitness plans and nutritional advice to compliment your training.
- Fitness tests throughout the season.
- Early pre-season schedule throughout June.
- Full pre-season schedule starting in August.



# MEET OUR COACHING TEAM



**Mark Fabian**  
Senior Coach



**Charlie Croydon**  
Academy Director  
Tutor  
07528 757085  
[charlie.croydon@stcg.ac.uk](mailto:charlie.croydon@stcg.ac.uk)



**Lauren Pickett**  
Gym Manager  
S&C Coach



**Jake Pickett**  
T3 Head Coach  
S&C Coach



**Tom Taylor**  
Sessional Coach



**Michael Fox**  
Sessional Coach



**Andy Hudgell**  
T3 Manager

# STRENGTH AND CONDITIONING



Manager:  
Lauren Pickett  
[lauren.pickett@stcg.ac.uk](mailto:lauren.pickett@stcg.ac.uk)



All Academy players get free access to use the facility during their days off and when there are gaps in their academic timetable.

# OUR EDUCATION

Opportunity to study one of the following courses:

BTEC Level 1 Directed Pathways  
BTEC Level 2 Sport  
BTEC Level 3 Sport and Exercise Science  
BTEC Level 3 Sports Coaching  
BTEC Level 3 Personal Training  
(+ GCSE Maths & English Retakes if necessary)

A Genuine College Experience:

Lessons at our multi-million pound College Campus in the heart of Kingston Upon Thames.  
A highly qualified and experienced Lecturing team.  
Full access to student support / services.

# MEET OUR EDUCATIONAL TEAM



**Jonathan Sotho**  
Team Leader / Lecturer  
jonathan.sotho@stcg.ac.uk  
020 8268 2500



**Peri Williams-Ansah**  
Head of Sport / Lecturer  
peri.williams-ansah@stcg.ac.uk  
020 8268 3094



**Bill Parton**  
Lecturer  
bill.parton@stcg.ac.uk  
020 8268 2799



**Junie Johnson**  
Pastoral Tutor  
junie.johnson@stcg.ac.uk  
020 826 82798



**Ashley Noble**  
Sessional Lecturer  
ashley.noble@stcg.ac.uk



**Sandro Sandri**  
Lecturer  
sandro.sandri@stcg.ac.uk  
020 8268 2482



**Shaun Reece**  
Lecturer  
shaun.reece@stcg.ac.uk  
020 8268 2491

# OUR VENUES

**Training Venue:**  
Goals Tolworth  
Kingston Road,  
Tolworth,  
Worcester Park,  
Surbiton,  
KT5 9NT

**College Campus:**  
Kingston College  
Kingston Hall Road,  
Kingston upon Thames  
KT1 2AQ

**Match Day Venue:**  
Bedfont Sports  
Bedfont Recreation Ground,  
Hatton Road,  
London,  
Feltham,  
TW14 9QS

**GOALS**

 **Kingston  
College**



# APPLICATION AND TRIAL PROCESS

## STAGE ONE

Scan this code:



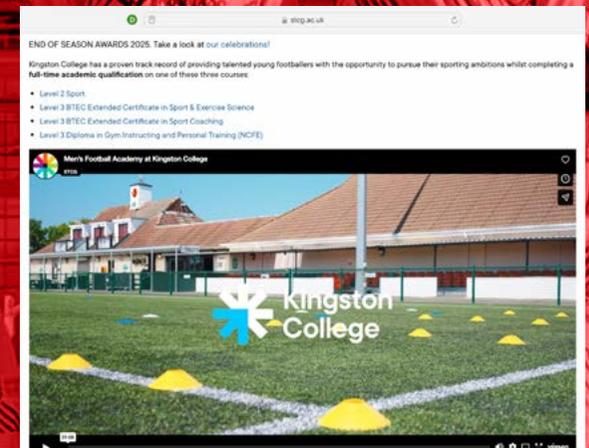
## STAGE TWO

Complete and submit this online form:

A screenshot of a web browser showing an online application form. The title is "Men's Football Academy at Kingston College". It includes details like "NEXT TRIAL DATE: Monday 16 February (Half Term)", "TIMINGS: 12pm-3pm", and "VENUE: Goals Tolworth, Kingston Road, Tolworth, KT5 9NT". The form itself is titled "Bedfont Sports / Kingston College Football Academy - 26/27 Application" and has fields for "Player's Full Name", "Primary playing position", and "Secondary playing position".

## STAGE THREE

Click the links to find out more about each of our academy-linked courses:



## STAGE FOUR

Apply for the course (or courses) that are suitable for you via the links.

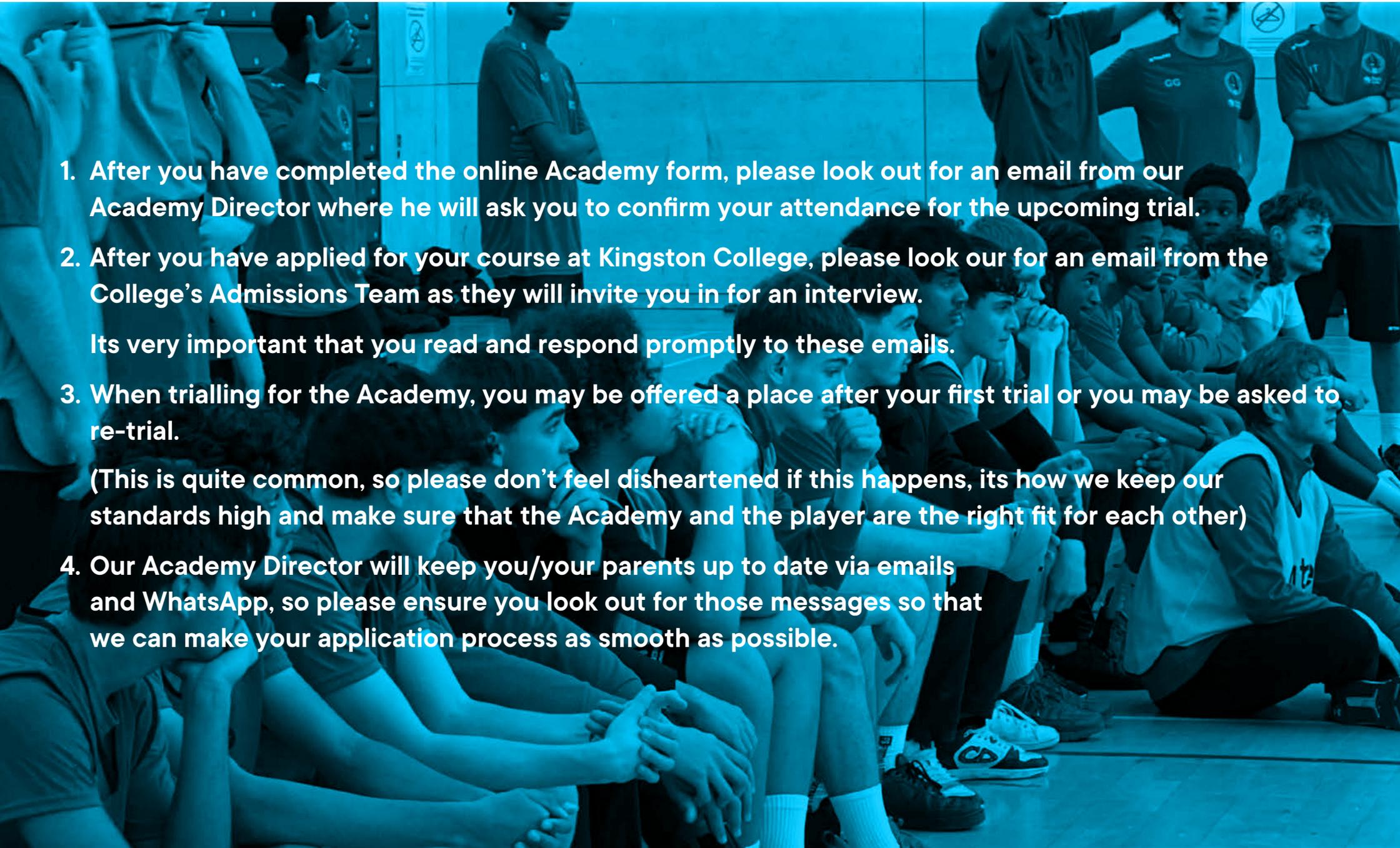
## STAGE FIVE

Our Academy Director will invite you to trial via email.

## STAGE SIX

The College will make contact regarding open events and an interview for the academic course that you have applied for.

# IMPORTANT INFORMATION ABOUT THE APPLICATION & TRIAL PROCESS

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1. After you have completed the online Academy form, please look out for an email from our Academy Director where he will ask you to confirm your attendance for the upcoming trial.
  2. After you have applied for your course at Kingston College, please look out for an email from the College's Admissions Team as they will invite you in for an interview.  
It's very important that you read and respond promptly to these emails.
  3. When trialling for the Academy, you may be offered a place after your first trial or you may be asked to re-trial.  
(This is quite common, so please don't feel disheartened if this happens, it's how we keep our standards high and make sure that the Academy and the player are the right fit for each other)
  4. Our Academy Director will keep you/your parents up to date via emails and WhatsApp, so please ensure you look out for those messages so that we can make your application process as smooth as possible.

# APPLICATION PROCESS - TIMELINE

**1.** Enquire - Complete on-line forms, apply for an Academy linked Sports Course, look out for emails.

**2.** Trial (October, February, April, May).

**3.** Attend open days at College & be invited in for an interview.

**4.** Hopefully pass the trial and interview process and are offered a conditional place (GCSE grades permitting).

**5.** Invited to future trials (if required).

**6.** June - Attend our early, pre-season training (4 evenings training sessions).

**7.** July - No training or games (summer break).

**8.** August - Official pre-season starts Tue / Wed / Fri.

**9.** EARLY September - College Enrolment (The most important part of the whole process)

**10.** September - Start College / Season



# ACADEMY TRACKSUITS

ALL Academy players are required to purchase a FULL Academy tracksuit bundle and wear the correct items to ALL Academy activities (training, gym & games).

Buying and wearing the tracksuit is mandatory for ALL players.

Please scan to view and purchase the Players Academy Bundle.



## THE NEW BUNDLE:

2 X BOTTOMS

2 X SHORTS

2 X 1/4 ZIPS

2 X T-SHIRTS

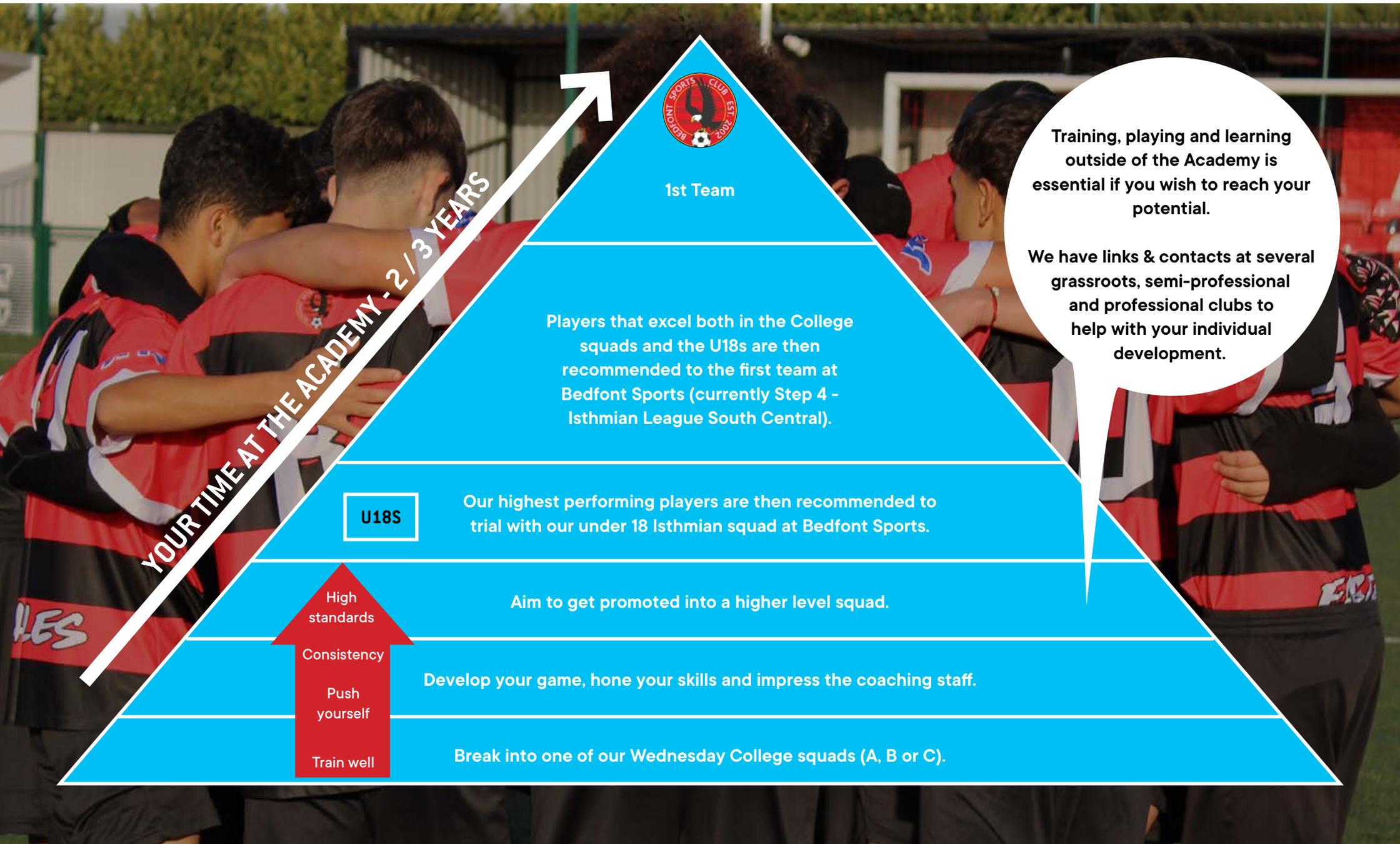
1 X LIGHTWEIGHT JACKET

TRAINING SOCKS

(All tops will include Bedfont logo, Kingston logo and initials)



# ACADEMY PYRAMID



1st Team

Players that excel both in the College squads and the U18s are then recommended to the first team at Bedfont Sports (currently Step 4 - Isthmian League South Central).

U18S

Our highest performing players are then recommended to trial with our under 18 Isthmian squad at Bedfont Sports.

High standards

Aim to get promoted into a higher level squad.

Consistency

Develop your game, hone your skills and impress the coaching staff.

Push yourself

Train well

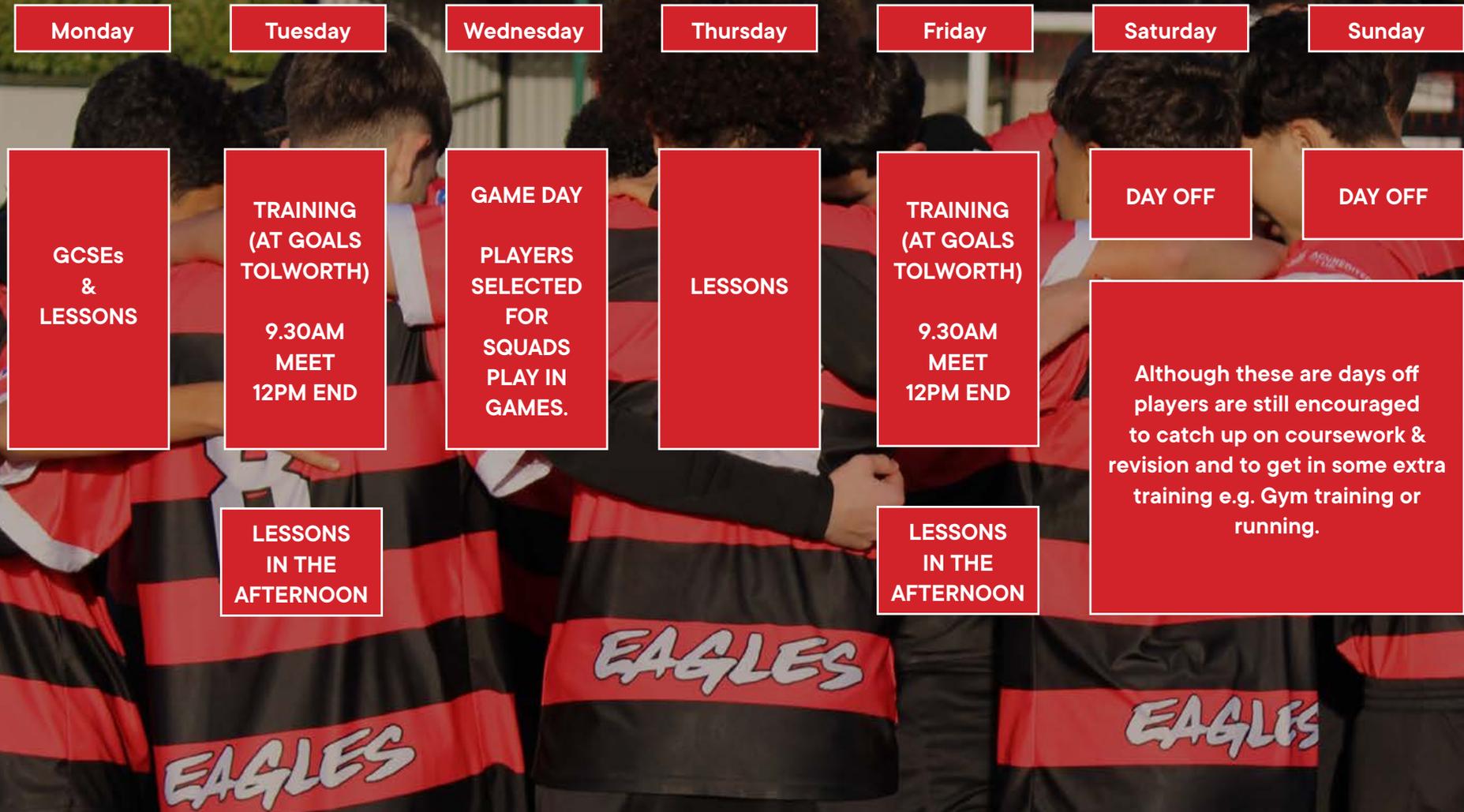
Break into one of our Wednesday College squads (A, B or C).

YOUR TIME AT THE ACADEMY - 2 / 3 YEARS

Training, playing and learning outside of the Academy is essential if you wish to reach your potential.

We have links & contacts at several grassroots, semi-professional and professional clubs to help with your individual development.

# AVERAGE\* WEEK FOR ACADEMY PLAYERS



Although these are days off players are still encouraged to catch up on coursework & revision and to get in some extra training e.g. Gym training or running.

\*The course you choose to enrol on will determine exactly when your lessons are during the day/week and also whether or not you have to re-take your GCSEs, so the above table is an average week across the sports courses that we offer.

# HALL OF FAME - PAST PLAYERS/STUDENTS



**JAMES MCSHANE**  
Dorking Wanderers  
East Stirling  
Clyde  
Staines Town FC



**ROBIN SHROOT**  
AFC Wimbledon  
Cheltenham Town  
Stevenage



**TERRANCE VANCOOTEN**  
Stevenage  
Burton Albion  
Guyana



**JERMAINE  
MCGLASHAN**  
Cheltenham Town  
Gillingham  
Southend United  
Ebbsfleet United



**JOE ARIBO**  
Charlton Athletic  
Rangers  
Southampton  
Leicester  
Nigeria



**LYLE TAYLOR**  
Charlton Athletic  
Nottingham Forest  
AFC Wimbledon  
AFC Bournemouth



**JAKE NEWTON**  
Havant & Waterlooville  
Staines Town FC  
Guyana



**BILLY ORAM**  
Merstham  
Fleet Town FC



**JOE EDWARDS**  
Chelsea assistant Manager  
Chelsea interim Manager  
Millwall Manager  
England u20s interim  
Manager



**BRADLEY WILSON**  
Basingstoke Town  
Kingstonian FC



**DOM DWYER**  
Sporting Kansas  
Orlando City  
USA National Team

# WHY CHOOSE US?

**26 YEARS PROVEN TRACK RECORD**

**MULTIPLE PLAYERS HAVE GONE ON TO PLAY PROFESSIONALLY & SEMI PROFESSIONALLY**

**DEDICATED & EXPERIENCED COACHING STAFF**

**DEDICATED & EXPERIENCED TEACHING STAFF**

**GREAT FACILITIES**

**OPPORTUNITIES TO GAIN A SCHOLARSHIP AFTER COLLEGE**

**A GENUINE & ESTABLISHED COLLEGE CAMPUS FOR YOUR STUDYING**

**FREE GYM MEMBERSHIP AT COLLEGE**

**1:1 PLAYER REVIEWS**

**MULTIPLE TEAMS PLAYING AT DIFFERENT LEVELS**

**SOCIAL EVENTS**

**LINKS WITH AMATEUR, SEMI-PRO AND PRO-CLUBS**

**END OF SEASON AWARDS / SOCIAL**

# CONTACT AND SOCIAL MEDIA



@bedfontacademy



For all general enquires,  
please contact:

Academy website



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Tutor  
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